



HIGHLIGHTS:

MEET YOUR NEW
EXEC TEAMCALL FOR
PRESENTERS

EDITOR'S LETTER

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SOCIETY OF AIR FORCE PHARMACY



Greetings from sunny New Jersey and an attempt to return to “normal”. As we looked through the numerous submissions for Society of Air Force Pharmacy Annual awards this year, one thing was abundantly clear: you all have done amazing things to continue to take care of our patients despite unforeseen obstacles and limitations. The disruptions and process improvements we have seen throughout the pandemic have truly proven necessity to be the mother of innovation in military pharmacy.

The Society board was also blown away by how many submissions for annual awards we received this year, almost doubling the amount of submissions from last year. We want to offer a heart-felt thank you for taking the time to recognize your teams and star performers. Please join me in congratulating our winners who were announced this month on the Pharmacy All-Call and are listed later in this issue.

As many of you know, all of the Society of Air Force Pharmacy Conferences were

cancelled for 2021 due to COVID-19. While we do not know what the future holds, we are hopeful that conference travel will again be a part of normal operations in 2022. We are planning a full host of conferences for late winter and spring 2022. There will be more details provided in an issue of this newsletter later this year.

Lastly, in the spirit of innovation and transitioning operations to meet the needs of those we serve, we are calling on you, our members and readers to help us better understand how our role can evolve to better serve you. At the end of this issue, you will find a QR code linking you to a short survey that will help us better understand your needs and what we can be doing to adapt to better serve them.

Congratulations again to all of our winners! I hope to see all of you at a Society of Air Force Pharmacy Conference in 2022!

Inside this Issue:

<i>President's Letter</i>	1
<i>New Exec TEAM</i>	2
<i>Call for Presenters</i>	3
<i>"All Thrust, No Vector"</i>	4-5
<i>Join SAFP</i>	6
<i>Editor's Letter</i>	7
<i>Award Winners!</i>	8-9
<i>Survey Link</i>	10

*Maj Josh Stallings,
President*



YOUR NEW EXEC TEAM

*Maj Jin Kim,
Immediate Past President*



*Maj Josh Stallings,
Current President*



*Maj Brandy Renner,
President-Elect*



*Maj Justin Read,
Vice President*

*CAPT Aaron Middlekauff,
Pharmacist Secretary/Treasurer*



*SSgt Amanda Jorgensen,
Technician Secretary/Treasurer*

*Col Corey Munro,
Advisory Board Member*



*CMSgt Oluwasina Awolusi,
Advisory Board Member*

*Lt Col Julie Meek,
Pharmacist Director-At-Large*



*Lt Col Bob Berkheiser, USAF Ret.
Pharmacist Director-At-Large*

*MSgt Pamela Rose,
Technician Director-At-Large*





CALL FOR PRESENTERS!

SAFP is seeking dynamic, engaging, knowledgeable presenters for the “Summer/Fall of CEs”.

AUDIENCE

Open

CRITERIA

Proposals are solicited for **60 minute** presentations that are relevant to the pharmacy profession. **Any** active duty, civilian, contractor, retired *pharmacy technician* or *pharmacist* from **any** branch of the military are encouraged to participate.

AREAS OF FOCUS (NOT ALL INCLUSIVE)

- Patient Safety
- Updates in Practice Guidelines
- Law
- Process Improvements
- Clinical Cases
- Management

Please submit proposals to

Maj Josh Stallings (charles.j.stallings6.mil@mail.mil)

or *MSgt Pamela Rose* (pamela.y.rose.mil@mail.mil)



SAFP

Society of Air Force Pharmacy



Keeping the “All Thrust, No Vector?” Mantra Alive and Well

CAPT Aaron Middlekauff

It is a tremendous honor to be serving as your SAFP Treasurer as a former Air Force prior-enlisted, officer, now PHS officer attached and detailed to the FDA and soon to be retiree this fall.

Let me provide some rationale for this subject matter – all thrust, no vector. I was particularly intrigued with one of my first Air Force Pharmacy mentors, LTC Zastawny, utilizing the expression, “All thrust, no vector?” I have found this to be an invaluable guiding principle in my career. It is not confusing being “busy” with achieving results but aligning these two pieces to optimize outcomes (working smarter, not harder if you will). I’ve narrowed this article into three major concepts (teamwork, attitude and achieving excellence).

● **Teamwork** is synergistic collective wisdom and certainly “no one is as smart as all of us.”

- Accountability – is a hallmark of teamwork (which may mean admitting you are wrong but leads to earned not demanded trust and respect). It also means doing what you say you are going to do which fosters mutual team trust.
- Resiliency – in the spirit of the advent of hurricane season, and an analogy that has stuck with me from my days at CG AIRSTA Miami when my CO compared this concept to a palm tree. This may sound a little silly, but he had a great point. A palm tree can dance in the face of disaster due to being pliable while having a deep root system. As a team, we can better cope with adversity, adapt to change and overcome challenges. So, don’t be overwhelmed by your circumstances, but know there are resources and people available to help you through and don’t ever give up!!!
- Be part of the solution – not the problem, much like a backseat driver. As a leader, to help your team work more effectively, do not unnecessarily obligate other’s time, be sure to draw in all members for their input, set the tone, manage expectations, communicate effectively and empower them with the resources they need to accomplish the mission.

Continued on next page...

CAPT Aaron Middlekauff



no one is as smart as all of us

Attitude – It’s a choice! Believe me, some days are tough and during those times I can think of nothing better than traveling the world with my wife and children, but until then, I’m giving it my all-in uniform. So, thoughtfully respond to negativity and adversity, and embrace challenge (which can be uncomfortable but fosters growth). The best assignment is the one you have now, this is your moment, so make it count and leave your legacy!!!

Achieving Excellence – First and foremost, it is mastering your primary duties and tasks (it’s not solely about promotion or box checking). I recommend reaching out to your mentors, utilize all of the resources you have at your disposal to push forward through difficult times. As a faith-based optimist, when our situation doesn’t make sense, it’s as if the Big Man Upstairs wants us to stay in the stew pot to acquire more “flavor.” Regardless of the outcome, continue to advocate diligently, be a positive, present and responsive resource, be active and follow-through. It matters and is absolutely recognized!

Work-Life Balance – Clearly there are a lot of spinning plates in life and limited time, but it’s a balance! I challenge you to not wish life away (by wanting to fast forward to the next milestone), but instead enjoy the journey. It seems we get so consumed by our fast pace world and lives, we fail to savor and live in the moment. In the sage words of advice from my eternally optimistic 97 year old grandmother (who is thankfully healthy and living independently, but has a multitude of legitimate reasons for complaining as you can imagine, but doesn’t), says, “Do the best you can with what you have, the hand you’re dealt and make the most of it.” So, own it and infuse a sense of humor, especially when the going gets tough.

Personal Appearance/Physical Fitness – This comes without saying and is a condition of service. Besides, once I transition from active duty, there may be a resurgence of a 1990’s era mullet accompanied by non-matching polyester, so know I’m also incredibly appreciative that I don’t have to pick out what I wear to work and plague all of you with faulty appearance!

Let me leave you with this...it is an honor to be serving with each of you in uniform as a valued member serving in federal pharmacy. Know that only 0.4% of the US population currently serves in uniform, 7% of our country has ever served and 17% of those are officers. I’m proud of what we are doing as a collective whole, continue to fight the status no and status quo, stay groovy, God bless and keep pushing forward!!!



JOIN SAFP

Society of Air Force Pharmacy

WHY YOU SHOULD

- 1 Continuing Education:** *Live and virtual meetings provide CE hours you need to maintain your pharmacy licensure.*
- 2 Meetings and Events:** *Annual meetings and events are a great environment for networking.*
- 3 Volunteer Opportunities:** *SAFP offers numerous ways for members to get involved in projects, committees, or events in the pharmacy community.*
- 4 Newsletter Articles:** *Members will have access to our newsletter and see how pharmacy impacts the mission worldwide.*
- 5 Reimbursement Program:** *SAFP is now offering certificate program reimbursement for members!*



SCAN ME

Free First Year Membership for DoD-Affiliated Pharmacy Technicians and Pharmacists

Our Purpose

The purposes of this Society are to render loyal and dedicated service to our patients, the pharmaceutical profession, and the Air Force Medical Service...

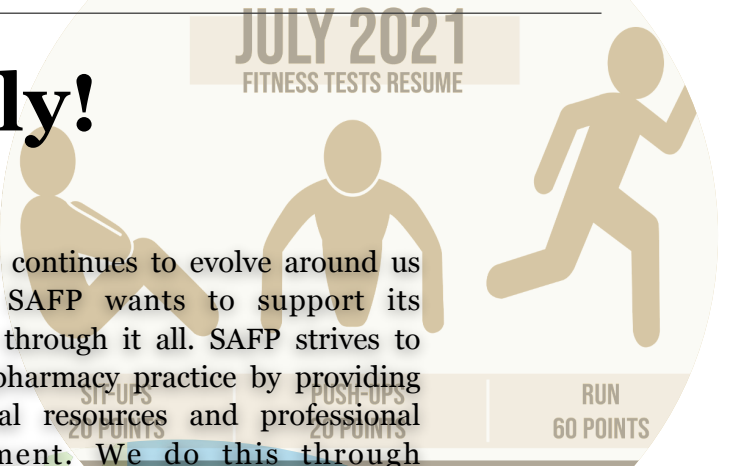
CONTACT US

webmaster@af-pharmacists.org

EDITOR'S LETTER

JULY 2021
FITNESS TESTS RESUME

Hello SAFP Family!



What a great time to be a part of military pharmacy! We are witnessing history in the making across the Military Health Service. After over 30 years of serving as the technology backbone of our pharmacies, we say good bye to CHCS and hello to MHS GENESIS. Over the years you have said good bye to Baker Cells and hello to Innovations; good bye to regular shelves and hello to willcall systems; good bye ABUs and hello to OCPs. Recently, we have been a part of many new automation roll outs and renovations in efforts to provide better service to our customers safely.

Pharmacy continues to evolve around us and the SAFP wants to support its members through it all. SAFP strives to improve pharmacy practice by providing educational resources and professional development. We do this through conferences, continuing education, and building connections. Our members are important and we want to provide you with what you need and want. Please let us know how we can better support you by completing the attached survey.



Maj Brandy Renner,
President-Elect
Editor



2020 SOCIETY OF AIR FORCE PHARMACY ANNUAL AWARDS

Maxine Beatty Field Grade Officer of the Year

Major Jessica P. Pabon
Goodfellow AFB

Fred Coleman Company Grade Officer of the Year

Captain Michael Johnson
Travis AFB

Ed Zastawny Clinical Pharmacist of the Year

Joseph R. Brinkman
JBSA-Lackland

Pharmacy Educator of the Year Award

Mr. Daniel J. Dulak
JBSA-Fort Sam Houston

“Rising Star” Junior Technician of the Year

Senior Airman Jadakiss A. Smith
Joint Base Elmendorf-Richardson

“Leadership Excellence” Intermediate Technician of the Year

Technical Sergeant Lakin R. Trahan
Shaw AFB

“Leadership Pinnacle” Senior Technician of the Year

Master Sergeant Kendra S. Anthony
Patrick AFB

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2020 SOCIETY OF AIR FORCE PHARMACY ANNUAL AWARDS

Pharmacy Technician of the Year

Shelley T. Farabee
Keesler AFB

SAFP Leadership and Innovation Award (Team)

Joint Base Elmendorf-Richardson

SAFP Small Team of the Year

Osan Air Base

SAFP Medium Team of the Year

McConnell AFB

SAFP Large Team of the Year

Joint Base Elmendorf-Richardson



WE WANT TO HEAR FROM YOU!

We are interested and value your ideas.

You are invited to complete our **3 minute** survey by **31 June 21**.



Scan the QR code above or click [here](#) to complete the survey

SAFP Newsletter Team



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To Fly, Fight, and Win...
Airpower Anytime, Anywhere.